



**ONE DAY OF
DIFFERENCE
FOR A LIFETIME
OF CHANGE**

FEB - DEC 2022

WWW.CARITAS.ORG.NZ/CARITAS-CHALLENGE



**CARITAS
CHALLENGE**

TE WERO O CARITAS

**SWEAT IT
ME WHAKAPAU
WERAWERA**

**STOP IT
ME KĀTI**

**MOVE IT
ME NEKE**

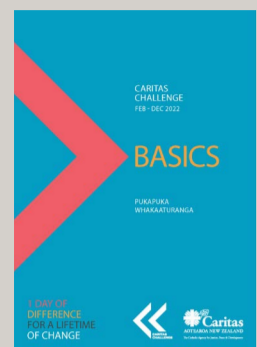
**LIVE IT
ME WHAKAORA**

CARITAS CHALLENGE RESOURCES OVERVIEW

TIROHANGA WHĀNUI KI NGĀ RAUEMI

All resources are available online at www.caritas.org.nz/caritas-challenge/resources

Basics



Activities



Forms



Poster



Video



REGISTER TODAY FOR A FREE PACK AT www.caritas.org.nz/caritas-challenge/caritas-challenge-registration

THEME KAUPAPA MATUA

The Caritas Challenge theme in 2022 comes from the event's slogan, 'One day of difference for a lifetime of change'. The Caritas way follows the belief that we can make a difference in the lives of others – even those who may be some of the poorest and most vulnerable. We can all do small acts with great love to make the world a better place. This year, let us embrace this challenge and choose ONE DAY to do something a bit different to make a lifetime of change for others we may never meet.

FUNDRAISING TE WHAKAARA MONI



Every dollar donated will be matched by the New Zealand Aid Programme and become \$4.

Here are some examples of how your donations from ONE DAY of difference will make a lifetime of change:

- In Fiji...** training youth to become self-sufficient
- In Kiribati...** nutrition courses for women and youth
- In Papua New Guinea...** new system to help access clean water
- In Solomon Islands...** skills training for unemployed youth
- In Tonga...** new supplies for future emergencies
- In Cambodia...** rice mills, seed stores and training for farmers
- In Timor-Leste...** food processing equipment for rural women

Click [here](#) to find out more about how Caritas is making a difference.

CARITAS AND A THRIVING LIFE

CARITAS ME HE ORANGA TAURIKURA

Caritas Aotearoa New Zealand (Caritas) is the New Zealand Catholic Bishops' agency for justice, peace and development. Working together with the Catholic community for a world free of poverty and injustice, we strive to achieve this through community development, advocacy, education, and emergency relief. As part of Caritas Internationalis, a global confederation of 165 Catholic aid, development and social justice agencies operating in over 200 countries and territories, Caritas supports the poorest and most vulnerable, regardless of ethnicity, religion or nationality.

Since 2020, everything has been turned on its head due to the COVID-19 pandemic. Communities all over the world have faced tough challenges. Most of us have learnt to adapt to find new ways of doing things.

Caritas continues to support communities around the world who have found that existing challenges have been magnified by the pandemic. Life does not get any easier when resources are harder to access and when there are limitations around movement.

Last year Caritas began a new partnership agreement with the Ministry of Foreign Affairs and Trade in relation to the ongoing Caritas development programme.

This new programme runs for five years and is called *He Oranga Taurikura*, which directly translates to 'A Thriving Life'. It is an integral human development programme that

WE CANNOT ALL DO GREAT THINGS. BUT WE CAN DO SMALL THINGS WITH GREAT LOVE. MOTHER TERESA

enhances health and wellbeing, and develops more diverse and resilient livelihoods in seven countries (mainly in the Pacific). Like all the work of Caritas, it is underpinned by Catholic Social Teaching principles including human dignity, solidarity and participation. A tailored approach will meet the priorities of long-term partners in nutrition, food and water security, WASH, vocational and livelihoods education, access to credit, and climate change response and adaptation improvement. He Oranga Taurikura takes a long-term approach to supporting local partners to deliver to otherwise neglected rural populations in the remotest locations.

KEY DATES

- NOW** Start planning and promoting your Caritas Challenge event
- DEC 2021** Registration open for Caritas Challenge at www.caritas.org.nz/caritas-challenge
- 2022** Promote your event in your local community through media, social media and advertising
- FEB - DEC** CARITAS CHALLENGE various events happening around the country
- DEC** Complete evaluation of Caritas Challenge
- DEC 16** Funds and sponsorships forms sent back to Caritas

1 DAY OF DIFFERENCE FOR A LIFETIME OF CHANGE

For more information please contact us. Caritas Aotearoa New Zealand, PO Box 12193 Thorndon Wellington 6144, challenge@caritas.org.nz 0800 22 10 22

SWEAT IT ME WHAKAPAU WERAWERA

WORK UNDER DEMANDING CONDITIONS



In Timor-Leste, Caritas supports a women's co-operative group called HAFOTI. Members of the group work together to produce their own quality products to make an income to help provide for their families.

Members from Oecusse work really hard to harvest rice and cut coconuts. When temperatures get up to 35 degrees it is very humid and can be tiring and exhausting work. This of course, makes completing the finished products of rice grain and virgin coconut oil even more rewarding!



Rural farmers living in the northern provinces of Cambodia rely on the food that they grow for both income and their daily diet. This is mainly rice and vegetables.

Mrs Prel Saorn and her two sons are one such example living in Pu Laes village within the province of Monduliri. Like the majority of rural farmers in Cambodia, they enjoy basic meals for breakfast and dinner (like the rice and greens in the photo).

STOP IT ME KĀTI

GIVE SOMETHING UP

MOVE IT ME NEKE

GO THE DISTANCE



In Vanimo within Papua New Guinea there is a great place called Lujan Home for Girls. At least once a day the girls living here walk down to the closest river which is a number of kilometres away.

This is where they wash to get clean. It can be great fun splashing around and using soap to make lots of bubbles.

During the week they carry down buckets too filled with their clothes that are in need of a clean. A solid scrub in the river does the job and then they return home with the clean clothes to dry in the hot sun.



Just over a year ago, Cyclone Yasa made landfall causing damage throughout Fiji and the Pacific. Galoa Island in the Bua region of Fiji was one of the first places hit with windspeeds reaching 345 kilometres per hour! With a small population of less than a thousand, the majority of homes and the school were damaged, leaving families to rely on makeshift shelters (like tarpaulin tents) for a long time after.

Many homes are not fully rebuilt but most families are enjoying more secure shelter now.

LIVE IT ME WHAKAORA

EXPERIENCE LIFE IN SOMEONE ELSE'S SHOES